

Explanation: in the past, when patients (probationers) completed assigned counseling or treatment, it was assumed they were helped or cured. Today these assumptions are being challenged because of lack of positive change, relapse, and recidivism. Upon treatment completion, the question invariably asked is, "Was treatment effective?" Or "Did the probationer positively change?" The Probation Referral Outcome (PRO) helps answer these treatment outcome questions.

Probation Referral Outcome Comparison

Scale (Domain)	Pretest Scale Score	Posttest Scale Score	Comparison Change
Truthfulness	79%	67%	Modest (+12 points) change
Violence	73%	69%	Minor (+4 points) change
Alcohol	61%	49%	Modest (+12 points) change
Drug	95%	89%	Minor (+6 points) change
Anxiety	48%	51%	Neutral (-3 points)
Depression	87%	73%	Modest (+14 points) change
Self-Esteem	68%	50%	Moderate (+18 points) change
Stress Mgmt.	55%	39%	Moderate (+16 points) change

CHANGE: Positive (+) Change: Significant +25 points or more; **Large:** +20 to +24 points; **Moderate:** +15 to +19 points; **Modest:** +10 to +14 points; and **Minor:** +4 to +9 points. **Neutral:** ±3 points. **Negative (-) Change: Significant** -25 points or more; **Large:** -20 to -24 points; **Moderate:** -15 to -19 points; **Modest:** -10 to -14 points; and **Minor:** -4 to -9 points.

Caveat: When a pretest scale score is at or below the 69th percentile (not a significant problem) range a posttest scale score may show little, if any, change since there was not a treatment need to begin with.

COMMENTS AND RECOMMENDATIONS:

STAFF MEMBER'S SIGNATURE	DATE	Total ± Classifications (Max 8)		
		Positive Change	Neutral	Negative Change
		7	1	0

Probation Referral Outcome **PRETEST RESPONSES**

1 - 80 TTTTTFTFTF TTTFFFFTF FTTTTFTFT FTFTFTTTF TFFTFTTTF FTFTFTTTF FFFFTTTFT FTFTFTTTF
 81-165 FTFTFTTTF TTTFTTFT22 1122115211 2251221122 1111111211 1111111232 3231231434 1111111232 44444

Probation Referral Outcome **POSTTEST RESPONSES**

1 - 80 TTTFTTTF TFFTFTTTF FTFTTFTTF FFFFFTTTF FFFFFTTTF FTFTFTTTF FFFFFTTTF FTFTTTF
 81-165 FTFTTTF TTTFTTFT22 1122115211 2251221122 3342121212 223223232 3232323232 3222122111 44411