

ADULT OUTPATIENT ASSESSMENT

Name: Michael Allen Sanchez (as an example)
Age: 37 **Sex:** Male
Ethnicity/Race: Caucasian
Education/Highest Grade: 12
Date Scored: 06/01/2022

CONFIDENTIAL INFORMATION
Last 4 Digits of SSN: 1234
Date of Birth: 01/01/1985
Marital Status: Married

Adult Outpatient Assessment (AOA) results are confidential and should be considered working hypotheses. No diagnosis or decision should be based solely upon ADS results.

SELF-REPORTED HISTORY

Number of DUI/DWI arrests..... 0 Diagnosed an Alcoholic..... No
 Number of Alcohol-related arrests 1 Diagnosed Drug Dependent..... No
 Number of Drug-related arrests 0 Diagnosed Substance Dependent.. No
 Number of substance (alcohol and drug) abuse programs enrolled in 2

ADULT OUTPATIENT ASSESSMENT

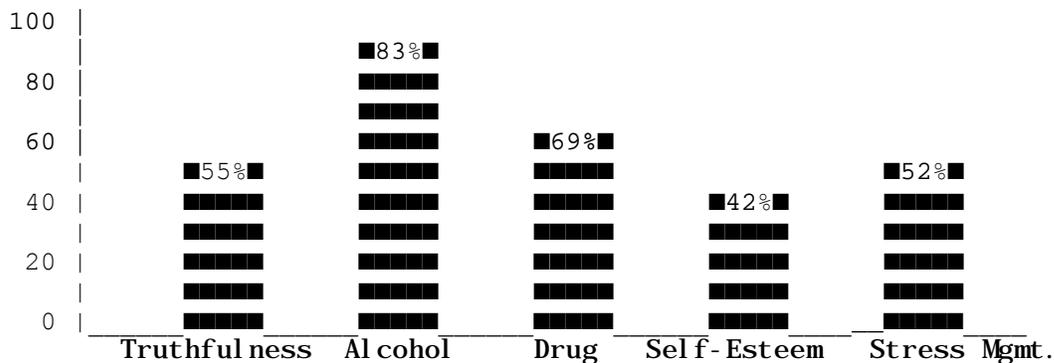


TRUTHFULNESS SCALE:

RISK PERCENTILE: 55

This client's Truthfulness Scale score is in the medium (40 to 69th percentile) range. This is an accurate Adult Outpatient Assessment (AOA) profile and all AOA scale scores are accurate. Yet, there is a noticeable tendency for Mr. Sanchez to be cautious and careful when answering questions. This is likely situation specific and related to why he/she is being evaluated. However, there is a fine line between caution and recalcitrance or evasiveness. That said, AOA scale scores are accurate. It is important to keep this Truthfulness Scale score in perspective – it is within acceptable limits.

AOA Profile



DSM-IV Classification: **Substance Abuse**

DSM-IV Substance Abuse Classification. Mr. Michael Sanchez meets the DSM-IV Substance (alcohol/drugs) Abuse classification. This criterion or standard incorporates important maladaptive, attitudinal and behavioral changes that are related to substance abuse.

Yet, as noted in DSM-IV, treatment should be contingent upon the severity of abuse. ADS Alcohol Scale and Drug Scale scores reflect "severity of abuse." Consequently, treatment varies on a continuum of care ranging from chemical dependency classes to intensive outpatient or inpatient treatment. Popular evidence based programs include: Cognitive Behavioral Therapy, Motivational Enhancements, Gestalt Therapy, etc.

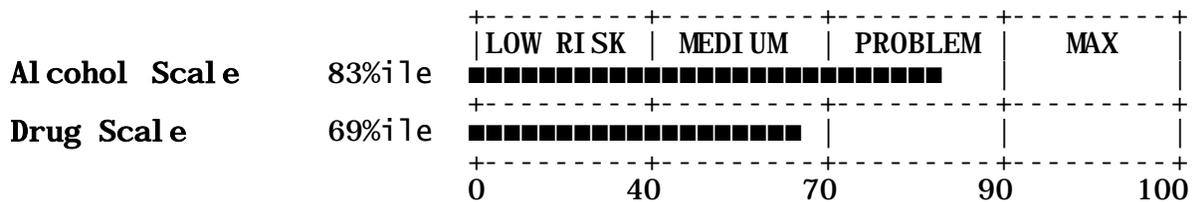
ALCOHOL SCALE:

RISK PERCENTILE: 83

Alcohol Scale

Percentile Score: XX

This patient's Alcohol Scale score is in the problem (70 to 89th percentile) range. An established pattern of alcohol (beer, wine or liquor) abuse is indicated. Recommendations: consideration should be given to outpatient chemical dependency treatment for people with drinking problems. Participation in self-help or mutual-help meetings like Alcoholics Anonymous (AA) might augment, but should not replace treatment. Without treatment Mr. Sanchez's drinking problem will likely worsen. Should Mr. Sanchez relapse his/her optimum level of care would likely increase to "intensive outpatient treatment." For perspective, some "intensive" treatment programs require daily attendance.



DRUG SCALE:

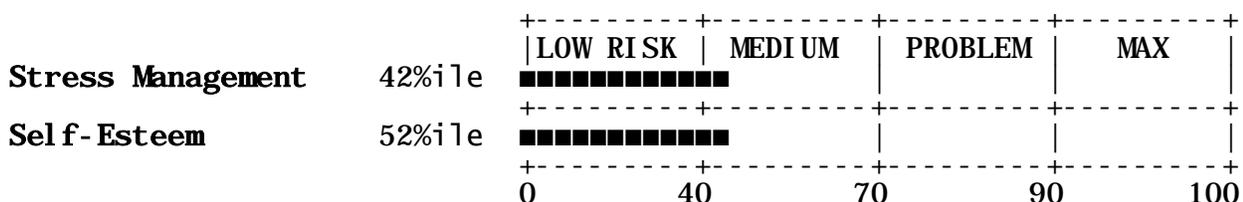
RISK PERCENTILE: 69

This patient's Drug Scale score is in the medium (40 to 69th percentile) range. This individual's Drug Scale score is indicative of either a "recovering" drug abuser (#146) that has relapsed or somebody in the initial or early stage of drug involvement. Recommendations: consider a low intensity intervention like completing a chemical dependency education class. An alternative recommendation would be attending self-help or mutual-help meetings like Narcotics Anonymous (NA) or Cocaine Anonymous (CA). Without intervention or treatment, it is likely that Mr. Sanchez's drug involvement will worsen.

STRESS MANAGEMENT SCALE:

RISK PERCENTILE: 42

This individual's Stress Management Scale score is in the medium (40 to 69th percentile) range. Stress management is not a focal issue, consequently no stress-related recommendations are made. Mr. Sanchez adequately manages his/her experienced stress. Two people can be in the same stressful situation, yet one person handles their stress well, while the other person is overwhelmed. In this example, both persons were experiencing the same level of stress. Why did they manage it differently? The answer: one person had learned better stress management skills than the other. For reference, there are many good "stress management" books available at local bookstores and libraries.



Self-Esteem Scale

Percentile Score: 52

Mr. Sanchez's Self-Esteem Scale score is in the medium (40 to 69th percentile) range. Although not significant at this time, there are some indications of growing self-dissatisfaction. Indecisiveness and ambivalence regarding "self" are becoming evident. Without some kind of intervention or treatment, Mr. Sanchez's self-esteem will likely continue to deteriorate. Recommendations: formal treatment is not necessary at this time. However, from a preventive or prophylactic perspective supportive outpatient counseling characterized by emotional support of endeavor might be considered. And, when ready, Mr. Sanchez would transition into an aftercare support group. Another alternative could be a support group (peer group) consisting of family and friends. Without intervention this situation could worsen.

SIGNIFICANT ITEMS: Are direct admissions and/or unusual answers that can give rise to additional insight, awareness and understanding.

ALCOHOL

- 6. Family is worried about drinking
 - 10. Drinking interfered with happiness/success
 - 19. Concerned about drinking
 - 49. Admits drinking problem
 - 54. Needs help to stop drinking
- Additional Items Include: #60; #63, #77.

DRUG

- 9. Admits smoking marijuana
- 30. May use offered drugs

OBSERVATIONS/RECOMMENDATIONS: _____

STAFF MEMBER SIGNATURE

DATE

ADS RESPONSES

1- 50 FTTFFTTFFT FTTTFFTTFF TTFFTTFFTT FTTTFFTTFF FTTTFFTTFF

51-100 TFFTTFFTTT FFFFTTFFTT TTFFFTTFTF TTTFFTTFTT FTTTFFTTT2

101-116 2331212223 144444